

In-n-Out Secret Menu PDF

Menu Item	Price
Animal Style Burger	\$3.40
Protein Style	\$3.40
Flying Dutchman	\$2.10
3×3 (Triple Triple)	\$4.45
4×4 (Quad Quad)	\$5.50
Neapolitan Shake	\$2.10
Grilled Cheese	\$2.35

In and Out Burger Secret Menu

Menu Item	Price	Calories
Animal Style Burger	\$3.40	750 kcal
Protein Style Burger	\$3.40	520 kcal
Flying Dutchman	\$2.10	380 kcal
Neapolitan Shake	\$2.10	590 kcal
4×4 Burger	\$5.50	1,050 kcal
Animal Style Fries	\$3.75	750 kcal
Cheese Fries	\$2.95	560 kcal
Roadkill Fries	\$4.50	850 kcal
Root Beer Float	\$2.10	450 kcal

In and Out Secret Menu Calories

Menu Item	Calories
Animal Style Burger	750 kcal
Protein Style Burger	520 kcal

Flying Dutchman	380 kcal
Neapolitan Shake	590 kcal
4×4 Burger	1,050 kcal
Animal Style Fries	750 kcal
Cheese Fries	560 kcal

Nutrition Facts for In-N-Out Secret Menu Items

Menu Item	Calories	Protein (g)	Carbs (g)	Fat (g)	Sodium (mg)
Animal Style Burger	750	40	39	45	1,250
Protein Style Burger	520	33	11	39	1,150
Flying Dutchman	380	30	3	29	800
Neapolitan Shake	590	12	84	22	290
4×4 Burger	1,050	64	39	72	1,850
Animal Style Fries	750	13	63	48	1,500
Cheese Fries	560	9	54	36	950